



Administrative Procedure 4045

Grades 9-12 Physical Education Credits

Board Governance Policy Cross Reference: [1](#), [12](#), [14](#)

Administrative Procedures Cross Reference:

[Off-Site Programs and Activities](#)

[Out of School Physical Education Approval Process](#)

Form Cross Reference:

[Physical Activity Practicum Plan](#)

Legal/Regulatory Reference:

[Manitoba Education - Implementation of Grades 11 and 12 Physical Education/Health Education](#)

Date Adopted: January 2008

Amended: April 2019

The Brandon School Division understands and recognizes its responsibility in establishing specific pathway models for the Senior High School implementation of [Manitoba Education - Implementation of Grades 11 and 12 Physical Education/Health Education](#) policy document.

In establishing these models the Division has considered the following:

- achievement of mandated hours; and
- providing students at the Grade 11 and 12 level with the availability of choice in determining their course structure in both the in-school/in-timetable and out-of-school/out-of-timetable components.

The following procedures identify specific pathways whereby students may acquire their high school mandatory physical education credits for graduation requirements.

Grades 9 and 10

Students in Grades 9 and 10 are required to take physical education in a 100% teacher directed program implemented as an in-school/in-timetable program. Any off-site activities associated with the program will fall under procedures as outlined in administrative procedure [Off-Site Programs and Activities](#).

The school administration may consider legitimate requests for off-site hours being applied to the mandated 110-hour requirement on an individual basis as per the requirements as set out in administrative procedure [Out of School Physical Education Approval Process](#).

Grades 11 and 12

The following are examples of pathways students in Grades 11 and 12 can choose. 25% of the Grades 11 and 12 course must consist of the teacher-directed core component.

1. 100% Teacher Directed In-School/In-Timetable Program

The student may opt for this program pathway, in which the entire credit is obtained in a teacher-directed in-school/in-timetable program. Any off-site activities associated with the program will fall under procedures as outlined in administrative procedures [Off-Site Programs and Activities](#).

(N.B. Students must submit an approved personalized [Physical Activity Practicum Plan](#) on registration for Student-Directed course requirements.)

2. 75% Teacher-Directed In-School/In-Timetable Program 25% Student-Directed Out-Of-School/Out-Of-Timetable Program

75% of the program would be obtained in a teacher directed in-school/in-timetable program. Any off-site activities associated with the program will fall under procedures as outlined in administrative procedure [Off-Site Programs and Activities](#).

25% of the student directed out-of school/out-of timetable program would be obtained outside of the school in activities within the community. Examples of acceptable activities would include, but not be limited to minor hockey, youth soccer, gymnastics, modern dance, etc.

3. 50% Teacher-Directed In-School/In-Timetable Program 50% Student-Directed Out-Of-School/Out-Of-Timetable Program

50% of the program would be obtained in a teacher directed in-school/in-timetable program. Any off-site activities associated with the program will fall under procedures as outlined in administrative procedure [Off-Site Programs and Activities](#).

50% student-directed out-of-school/out-of-timetable program would be obtained outside of the school in activities within the community. Examples of acceptable activities would include, but not be limited to, minor hockey, youth soccer, gymnastics, modern dance, etc.

4. 25% Teacher-Directed In-School/In-Timetable Program 75% Student-Directed Out-Of-School/Out-Of-Timetable Program

25% of the program would be obtained in a teacher directed in-school/in-timetable program. Any off-site activities associated with the program will fall under procedures as outlined in administrative procedure [Off-Site Programs and Activities](#).

75% of the student directed out-of school/out-of-timetable program would be obtained outside of the school in activities within the community. Examples of acceptable activities would include, but not be limited to minor hockey, youth soccer, gymnastics, modern dance, etc.

The following requirements must be met by students for all Student-Directed Out-Of-School/Out-Of-Timetable Program activities:

- activities must be moderate to vigorous activity;
- activities must meet safety and risk management requirements as outlined in administrative procedures [Out of School Physical Education Approval Process](#);
- students must submit appropriate planning and documentation by the required timeline;
 - Administrative Form 4090Fb – “Release Form”
 - Administrative Form 4090Fc – “Self-Managed Activity Form”
 - Administrative Form 4090Fe – “Student Request Form”
 - Acknowledgement of Risk Form
- students must obtain appropriate permission (parent/guardian); while student age 18 or older will provide signature, and
- students must obtain approval of activities by the school which are consistent with the Division’s policy.