



Administrative Procedure 2060

Nutrition

Board Governance Policy Cross Reference: [1](#), [12](#), [13](#), [14](#)

Administrative Procedures Cross Reference:

Form Cross Reference:

Legal/Regulatory Reference:

[Moving Forward with School Nutrition Guidelines](#)

Date Adopted: December 2007

Amended: October 2019

Good nutrition is important for optimal health, growth, development and learning. The Brandon School Division has a responsibility to foster, promote and support healthy living by demonstrating positive leadership in nutrition.

Purpose:

For the Division to:

1. encourage nutritious foods first for classrooms, vending machines, milk programs, cafeteria/canteen, staff room, fundraisers, school community functions (field trips, recreation activities and/or school performances);
2. encourage consistent nutritional messages in the school;
3. apply *Moving Forward with School Nutrition Guidelines* and acknowledge the importance that food choices have on long term health; and
4. clarify that this Administrative Procedure does not apply to lunches and snacks that students or staff bring from home for their own consumption.

Procedures:

1. The yearly school plan shall include a school nutrition plan;
2. The School Leader will work with the Parent Council, staff, and students to offer food and beverage choices for all school events that adhere to the guidelines outlined in *Moving Forward with School Nutrition Guidelines*.
3. Beverage vending machines will offer only milk and milk products (e.g. low fat yogurt drink), nutritionally equivalent milk alternatives, 100% juice and water;

4. No school is to use chocolate bars, chocolate covered products, or candy in its fundraising activities. School Leaders should encourage food-related fundraisers to be directed at nutritious, healthy choices;
5. Schools using deep fryers to prepare foods will only use high stability oil that is non-hydrogenated for deep fat frying;
6. Schools should encourage water consumption by allowing water in classroom;
7. Food and candy shall not be used as rewards to students. Candy will only be allowed for distribution in classrooms during Halloween, Valentine's Day, Easter, Christmas and other cultural festivities.