



## Administrative Procedure 2060

### *Nutrition*

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**Board Governance Policy Cross Reference:** [1](#), [12](#), [13](#), [14](#)

**Administrative Procedures Cross Reference:**

**Form Cross Reference:**

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**Legal/Regulatory Reference:**

[Moving Forward with School Nutrition Guidelines](#)

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**Date Adopted:** December 2007

**Amended:** October 2019

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Good nutrition is important for optimal health, growth, development and learning. The Brandon School Division has a responsibility to foster, promote and support healthy living by demonstrating positive leadership in nutrition.

#### **Purpose:**

For the Division to:

1. encourage nutritious foods first for classrooms, vending machines, milk programs, cafeteria/canteen, staff room, fundraisers, school community functions (field trips, recreation activities and/or school performances);
2. encourage consistent nutritional messages in the school;
3. apply Moving Forward with School Nutrition Guidelines and acknowledge the importance that food choices have on long term health; and
4. clarify that this Administrative Procedure does not apply to lunches and snacks that students or staff bring from home for their own consumption.

#### **Procedures:**

1. The yearly school plan shall include a school nutrition plan;
2. The School Leader will work with the Parent Council, staff, and students to offer food and beverage choices for all school events that adhere to the guidelines outlined in Moving Forward with School Nutrition Guidelines.
3. Beverage vending machines will offer only milk and milk products (e.g. low fat yogurt drink), nutritionally equivalent milk alternatives, 100% juice and water;

4. No school is to use chocolate bars, chocolate covered products, or candy in its fundraising activities. School Leaders should encourage food-related fundraisers to be directed at nutritious, healthy choices;
5. Schools using deep fryers to prepare foods will only use high stability oil that is non-hydrogenated for deep fat frying;
6. Schools should encourage water consumption by allowing water in classroom;
7. Food and candy shall not be used as rewards to students. Candy will only be allowed for distribution in classrooms during Halloween, Valentine's Day, Easter, Christmas and other cultural festivities.